

Growing Work Relationships at Work Positively

Duration: 1 Day **Course Code: GK831173**

Overview:

Exclusive - Unlock the Power of Positive Work Relationships!

Ready to transform your workplace experience? The "Growing Work Relationships Positively" workshop is designed for professionals who want to thrive in today's dynamic environments. In just one day—either face-to-face or virtually—you'll master the art of building trust, confidently navigating difficult conversations, and turning challenging relationships into opportunities for growth. Discover practical strategies to enhance communication, embrace differences, and foster a culture of empathy and collaboration. Whether you're looking to boost your confidence, resolve conflicts constructively, or simply create a more positive atmosphere at work, this course gives you the tools and insights to make it happen. Take the next step toward a more rewarding and harmonious work life!

Updated 21/04/2026

Target Audience:

Business professionals who want to proactively reduce workplace conflict and foster a culture of trust, collaboration, and positive relationships.

Objectives:

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| ■ After completing this course, participants will be able to: | ■ Build confidence and capacity to have difficult conversations |
| ■ Effectively deal with challenging relationships | ■ Enhance work environments to create more positive interpersonal experiences |
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Prerequisites:

- No formal prerequisites; basic communication or workplace interaction experience is recommended.

Testing and Certification

- None
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Follow-on-Courses:

- GK831172 - Strong and Effective Negotiations
 - GK831174 - Performance and Employee Accountability
 - GK831175 - Employee Emotional Intelligence
 - GK831177 - Managing Challenging Conversations
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Content:

Module 1: Identifying Positive Relationships

- Understand the components of a positive relationship
- Understand the value of a common purpose and transparent agenda
- Identify ways to build trust

Module 2: Relating to Differences

- Understand how differences can shape how we see and behave in the world
- How to interact with different personal needs more effectively

Module 3: Actively Managing Relationships

- Understand how communication can be misinterpreted
- Enhance key communication skills to ensure clarity and alignment
- Learn how to better articulate empathy

Module 4: Dealing with Less than Ideal Relationships

- Identify ways to improve relationships
- Use a 4-step feedback loop to manage a constructive confrontation

Module 5: Next Steps

- Integration of different concepts and skills and application to real-life situations
- Discussion of key takeaways and areas to focus on for further improvement

Further Information:

For More information, or to book your course, please call us on Head Office Tel.: +974 40316639

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